

FALL PROTECTION ORIENTATION SYLLABUS

Description: Training will inform employees of the nature of hazards when working at heights of 4 feet or more. Also provide information on personal fall arrest systems and mitigation of fall hazards.

Course start time: 7:30am – 4:00pm CBT Lab hours

Course Length: Approximately 15-30 minutes including test. (Course is 15 minutes in length)

Presentation Method: CBT – Computer Based Training

Audience: Any contractor whose job requires working on elevated heights.

Subjects covered (topics):

Introduction	Fall Hazards	Control of Hazards
Personal Fall Arrest Systems (PFAS)	Types of Personal Fall Arrest Systems	Positioning Device Systems
Climbing Activities	Personal Fall Arrest Systems Use	Parts of a Personal Fall Arrest System
Body Belts	Lanyards	Anchorage/Tie Off
Lifelines	Inspection	Maintenance
Review	Test	

Objectives: Upon completion of the course, trainees will have a general awareness knowledge of the following:

1. Fall protection, hazards, and how to control the hazards
2. Types and components of PFAS, climbing activities, and the proper use of PFAS
3. Inspection and maintenance of PFAS

Test Information: Test consist of 20 questions and will require 70% or higher to pass the course.