



Course Syllabus – Fall Protection Orientation

Audience

Personnel working at elevated heights

Presentation Method

CBT – Computer Based Training

Training Duration

Student paced – Approximately 15 minutes

Course Summary

Training will inform trainees of the nature of hazards when working at heights above 4 feet, mitigation of those hazards, and personal fall arrest systems.

Subject Matter

- ❖ Fall Hazards & Mitigation
- ❖ Personal Fall Arrest Systems
- ❖ Positioning Device Systems
- ❖ Climbing Activities
- ❖ Properly Using a Personal Fall Arrest System
- ❖ Parts of a Personal Fall Arrest System
- ❖ Equipment Inspection, Maintenance & Storage

Objectives

Upon completion of training, employees will be knowledgeable of:

1. Fall protection, fall hazards, and how to control the hazards
2. Types and components of personal fall arrest systems, climbing activities, and the proper use of personal fall arrest systems
3. Inspection and maintenance of personal fall arrest systems

Measurement Device

Test – 14 questions, 70% to pass